

Ascentía

Pathways to Community Living



Adult Day Support Program



Jewish Family Service Association
The Drost Family Center
24075 Commerce Park Road
Beachwood, Ohio 44122

216.292.3999
www.jfsa-cleveland.org



Jewish Family Service Association



Are you interested in...

Community Outings?

Games?

Art?

Exercise & Fitness?

Special hobbies/interests?

Making new friends?

**You'll find these and more
at JFSA's Ascentia Adult Day
Support Program!**

JFSA's Ascentia Adult Day Support Program provides adults who have developmental and/or intellectual disabilities with a choice of individual and group activities, such as art, exercise, and community field trips. These activities will help individuals have fun, spend time in the community, and learn new skills. The program will focus on customized and flexible activities that are designed to stimulate both the mind and the body, promoting health and wellness.

Participants must be enrolled in the Individual Option Waiver or Level One Waiver. Private pay is also accepted.

OBJECTIVES OF THE ASCENTIA ADULT DAY SUPPORT PROGRAM

- Promotion of optimal functioning
- Person centered supports that are customized and flexible
- Community integration
- Engagement in meaningful and enjoyable daily activities

ENJOY THESE BENEFITS:

- Increased recreational skills
- Improved interpersonal skills
- Improved personal care skills
- Enhanced quality of life
- Improved physical and mental health through physical activity and friendship development
- Improved decision making skills

**For more information, please call:
Ashley Palm at 216.906.6570**

Hours of Operation

Monday through Friday
9:30 a.m. to 3:30 p.m.
Transportation Provided!

Location

3300 Mayfield Road
Cleveland Heights, OH